



Introvert-Friendly Disciple-Making Plan

STEP 1: Identify One Person

Start small. You don't need a crowd—just one person God has placed in your life.

Ask:

- Who's spiritually curious?
- Who's new to the faith?
- Who's struggling and open to growth?

Start praying for them daily. Ask God to open doors naturally.

STEP 2: Set a Rhythm That Fits

Introverts thrive on rhythm.

Pick a predictable, low-key meeting time—weekly or biweekly.

Examples:

- Coffee before work
- Go on a walk
- Lunch break hangout
- Weekly Zoom if you're long-distance

Keep it relaxed, but consistent. You don't need a program — just presence.

STEP 3: Use the Simple “3 Questions” Method

No pressure to teach. Just open the Bible together and ask three simple, open-ended questions. This turns conversation into transformation. Pick a passage (Start in Mark, John, or a short epistle)

Ask:

1. What stood out to you?
2. What does this teach us about Jesus?
3. How can we live this out this week?

Then: Close with prayer—nothing fancy, just talk to Jesus together.

*Use this method from 21 Days to Become a Disciple Maker—it's gold.

STEP 4: Keep the Relationship Warm During the Week

As an introvert, you probably don't want to be on the phone 24/7. That's okay.

Use light-touch communication:

- A Scripture text
- A simple prayer ("Hey, I prayed for you today!")
- A meme, podcast, or sermon clip that made you think of them

This builds momentum without exhausting your social battery.

STEP 5: Share Your Life (Not Just Lessons)

You don't need to be an expert. Just be real. Let them see how you follow Jesus in the everyday moments of life.

Ideas:

- Invite them to a meal at your house.
- Serve together in church or your community.
- Be honest about your own spiritual struggles and growth.

Your authenticity will speak louder than a sermon ever could.

STEP 6: Equip Them to Do the Same

When they start growing, show them how to walk someone else through the same process.

Tips:

- Let them lead a Bible reading
- Encourage them to pray aloud (even if it's awkward)
- Celebrate small wins when they step out in faith

You're not just helping them grow—
you're planting another disciple-maker.

The Weekly Flow (Sample Template)

<u>Time</u>	<u>Activity</u>
5–10 min	Catch up on life
10–15 min	Read 10–15 verses together
20–30 min	Discuss the 3 questions
5 min	Pray together

Optional: Share one takeaway
via text later in the week



Final Word for Introverts:

You don't have to be loud.

You don't have to be a Bible scholar.

You don't have to lead 20 people.

You just have to be faithful with one.

God wired you for depth.

Use it.