

# A Simple Path to Engaging with the Bible

## Choose a Bible You Can Understand

Some people are intellectual enough to understand Greek, Hebrew, and the King James Bible. However, for the rest of us, there are great translations that are easier to understand, such as the NLT, NIV, and ESV. If you can't understand it, it won't do you any good. (And yes- Bible Apps are ok too!)

## Pick a Starting Point

Begin your journey in the New Testament. Books like Matthew, John, or James are excellent choices for newcomers. They provide insights and narratives that are both engaging and enlightening. It's best to avoid starting with Revelation, even though its cool, its super complex.

## Start with a Prayer

Before you begin reading, say a simple prayer. Ask for understanding and insight. A prayer like, "God, please speak to me and help me understand your word as I read it. I want to know you more. Amen," can open your heart and mind to the teachings of the Bible.

## Dive Into the Text

Start at the beginning of the book to grasp the context and purpose of the writings. Read one chapter or section of verses to chew on. It's better to read 5 verses that sink deep than 5 chapters you won't remember.

## Reflect with Key Questions

As you read, consider these questions:

- What does this teach me about God?
- What does this teach me about people or myself?
- How can I apply this to my life?

These reflections can help you internalize the lessons and apply them to your everyday life.

## Live the Teachings

Take the insights gained from your reading and look for opportunities to practice them throughout your day. This practical application is where true transformation occurs.

